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## Holiday Activities Summer Programme 2011

**2 ½ -4 yrs-** Mini Kickers (11<sup>th</sup> – 13<sup>th</sup> July @ Jedburgh Grammar)

**5-7yrs-** Football, Dance, Gymnastics, Tennis, Rugby, Kids Club, Badminton

**8-12yrs-** Athletics, Football, Rugby, Tennis, Hockey, Cricket, Badminton

Book your place now and come along and join in the many activities during the summer holidays. All pupils have received a copy through school and the program is also available to download online at [www.sportborders.org.uk](http://www.sportborders.org.uk).



## Easter Review

The 2011 Easter program this year included activities such as; tennis, golf, football and kids club. Young people from around Jedburgh attended and had a great time learning new skills and playing games. Holiday activities are a great way of keeping active, meeting new friends and having a good time during the holidays.

There is a huge variety of activities on during the summer for all ages from 2 ½-12 years. Book your place now!



## News

### Orienteering

Active Schools have been working with Roxburgh Orienteering club this term to offer taster sessions to P7 pupils at Parkide and P6 pupils at Howdenburn.

Pupils worked on orienteering skills including reading orienteering maps, drawing maps and team work in the school grounds.

The clubs often holds come and try events. To get involved or for more information visit [www.roxburghreivers.org.uk](http://www.roxburghreivers.org.uk)

### P4 Football & Cricket Festival

Sports Development and Active Schools have been working together to arrange a cricket and football festival for all P4's this term. On Wednesday 15<sup>th</sup> June primary pupils from Howdenburn, Parkside and Ancrum attended the event held at Howdenburn PS.

Pupils played several fun games of football and also developed their cricket skills such as bowling, batting and fielding in the cricket schools challenge. The standard of skill was outstanding with some amazing skills on display. A HUGE thanks to cricket and football development and all the coaches who helped run the event.



## Contact Us

### Primary Coordinator



**Debra Martin**

[dmartin@scotborders.gov.uk](mailto:dmartin@scotborders.gov.uk)  
07786 312 524

### Secondary Coordinator



**Marianne O'Brien**

[mobrien@scotborders.gov.uk](mailto:mobrien@scotborders.gov.uk)  
07917 267 238

### Bike Ability level 2

This term P6 pupils from Parkside PS and Howdenburn PS have been working on the bike ability level 2 programme. The programme trains pupils to cycle safely on the road teaching the basic road safety knowledge and cycling skills. The programme is supported by parent volunteers and school staff who help deliver the sessions out on the road. A HUGE thanks to all the parents who supported the session this year at Howdenburn & Parkside.



### Active Afternoons for Ancrum PS

This term Ancrum PS has been having Active Friday Afternoons. P1-5 pupils have been doing some cricket, football, dance and golf. Sessions have been great fun and have been delivered by Borders coaches from Sports Development and local Sports clubs.

P5's have also been doing some cycling skills to help get them ready for Bikeability level 2 next year. They have been working on signaling, cornering, braking, changing gears and observing all ready to get out cycling on the road next year.

### Parkside PS stay top of the Interschool Athletics Championship

The annual Kelso & Jedburgh Interschool Athletics Championship took place on Monday 20<sup>th</sup> June at Croft Park, Kelso. P7 teams of boys and girls competed in events including; cricket ball throw, shot putt, triple jump, 80m, 150m, 600m and team relays. Pupils represented their school and competed against other primary schools. The standard was extremely high and it was clear to see pupils and PE teachers had been working hard to prepare for the championships. Several records were broken by this years athletes which just demonstrates the efforts put in by all.

Defending champions Parkside PS won the championship this year with an overall team score of 50 points.

#### **School Positions on Overall Points**

- 1<sup>st</sup> Parkside PS
- 2<sup>nd</sup> Broomlands PS & Edenside PS
- 4<sup>th</sup> Ednam/Sproustn PS
- 5<sup>th</sup> Howdenburn PS

For a full run down of results visit the Kelso news pages.

A HUGE thank you to the schools and PE staff for preparing the pupils so well for the event.



### Transition Club

The P7 transition club has again been very successful. P7 pupils had the opportunity to meet the PE staff and the Secondary Active Schools Coordinator over a 5 week after school club. They had the opportunity to mix with other P7s while learning new sports and developing their current skill level ready for S1. Pupils had the opportunity to play: basketball, badminton, tennis, rugby and hockey. There are a variety of sport clubs and competitions in secondary school and pupils will be encouraged to try and join new sports clubs.

## Champions in Schools

### Janet's visits come to an end at Ancrum PS

International Hockey Champion Janet Jack has been working with the P4/5 class at Ancrum PS as part of the Winning Scotland Foundation project Champions in schools. Janet has had 3 visits which have covered goal setting, healthy lifestyles and winning attitudes. The pupils have been inspired by Janet's visits and have worked hard to set themselves goals either in their own sports or everyday school life.



## Champions in Schools Showcase



On Thursday 2<sup>nd</sup> June, some of the children attended the CiS showcase event in Galashiels to celebrate the programme. All other Border primary school who have also been involved attended along with a selection of sporting champions that have been involved this year. Schools presented some of the things they have been learning with their champions and the champions talked about the benefits of the programme to them and the schools.

## Looking Ahead

Active Schools has secured funding for the next 4 years and this year will be transferring out of SBC and will be working alongside Borders Sport and Leisure Trust. The job remit will remain very much the same with the overall aim of creating more opportunities for young people to participate in sport within school and the wider community.

Some of the projects to look forward to next year include:

- Active Schools links with C4E
- Continuation of Young Ambassadors at JGS
- P6/7 Hockey Festival
- P5 Rugby Festival
- Paralympics and Olympics Festivals
- Holiday programmes
- Volunteer training opportunities

Once again thank you for your continued support of Active Schools and look forward to another great year in 2011/2012.