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Active Schools Update

Active Schools has recently completed a transfer from SBC to Borders Sport and Leisure Trust (BSLT). Active Schools will continue to work extremely closely with cluster schools to ensure there are opportunities before, during and after school and support sport clubs in the wider community.

Active Schools has secured funding until 2015 and over the next 4 years will be looking to:

- Recruit, train and develop volunteers, coaches, leaders and teachers
- Increase the number of young people volunteering
- Improve the quality and range of activities offered
- Increase participation amount girls, young women and children with disabilities
- Develop effective school to club pathways

News

Zumba a BIG hit at Howdenburn



P5-7 pupils at Howdenburn PS have been enjoying some lunchtime Zumba sessions this term with local coach Norrie Smith. More than 20 pupils joined in the Zumba fitness sessions for 4 weeks during Friday lunchtimes. Pupils have enjoyed the club so much they want the club to continue next term.

Ancrum Active Afternoons



This term Ancrum PS has been enjoying Active Friday afternoons. P1-5 pupils have been taking part in Tennis, Football, and Dance and have also been using BSLT interactive Dance mats. Pupils have been encouraged to get active and enjoying playing the sports. Ancrum Active Afternoons will continue on a Friday next term with new activities.

Ancrum PS pupil wins Kelso's annual running event



The annual 2 bridges race was hosted by Kelso crawlers on Sunday 11th September 2011, with 15 junior runners and 30 adults running round a very blustery Kelso's 2 bridges.

Ancrum P5 pupil Sarah Davenport won the girls' junior section with a time of 19 minutes 20seconds with Kelso's Jemima Wharton coming in second.

Contact Us

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Junior Active Schools

The Junior Active Schools programme has been introduced to Jedburgh primary schools this year. Schools have recruited 2 pupils to act as Junior Active Schools Coordinators (JASC) for their school who will support the work of Primary Active Schools Coordinator, Debra Martin.

The role of the JASC is to ensure their school is an active school. They will be helping Debra to advertise clubs, complete school surveys, promote London 2012, and celebrate pupil sporting success within the school. This year the following pupils are taking on the role of JASC:

Parkside PS	Lauren Curren & Gillian Wallace
Howdenburn PS	Hannah Barber & Cora Bathgate

Community Sports Leaders at Jedburgh Grammar School

This year Jedburgh Grammar School is offering senior pupils the chance to undertake the Sports Leaders UKs, Community Sport Leaders Award: Level 2. The course has been chosen by 10 senior pupils and is being led by Jedburgh's Active School Coordinators.

The Level 2 Award in Community Sports Leadership award is a nationally recognised qualification that enables successful learners to lead groups of young people in a sport/activity session, under indirect supervision. The qualification teaches generic leadership skills such as organisation, planning, communication and teamwork through the medium of sport. Pupils must also complete 10 hours demonstration of leadership within the community.

School-Club News

Orienteering Taster



Roxburgh Reivers Orienteering club have been working with P7 pupils at Howdenburn PS this term to develop the sport of orienteering to primary pupils. Pupils have been developing map reading skills and team work and improving their orienteering skills with the clubs new electronic orienteering equipment.

The club have recently published dates for their Autumn series. The events are open to beginners and families to come and have a go. More information on the club website.

Hockey turned ultimate dodge ball festival



The Jedburgh school hockey festival was all set to take place on Thursday 6th October but due to a very last minute downpour the event had to be cancelled. With all the pupils at the venue ready to take part in hockey, the afternoon wasn't wasted with the pupils heading indoor to compete in an ultimate dodge ball tournament.

Pupils had a great afternoon having fun and playing some very serious games of dodge ball!!! The JASC from both schools now want to continue the activity as an afterschool dodge ball league for the schools next term. Schools will look at a date for the hockey festival to run after the October holidays.

Young Ambassadors

2011-2012 Young Ambassadors



The aim of the Young Ambassador (YA) programme is to bring the inspiration and magic of the London 2012 Olympic and Paralympic games to young people in schools and communities. The role of a YA is to:

- Promote London 2012 in schools and communities
- Use the inspiration of 2012 to increase participation
- Promote and live the Olympic and Paralympic Values

Jedburgh Grammar School will select 2 senior pupils to act as YAs for the year and they will begin training and planning for the Olympic year ahead.

Active Schools will keep you up to date throughout the year about the projects the Young Ambassadors get involved in.

Training Programme

The annual Active Schools Training Programme is out. Courses will help increase knowledge and skills to deliver activities to school-aged pupils. Courses are available to parents, school staff, community volunteers, and senior pupils. For up-to-date listings go to the SBC online CPD system or the SportBorders website.

Upcoming training includes:

- Disability Inclusion @ Peebles HS: Tues 22nd Nov, 4.30-6.30pm
- Start to Play @ Balmoral PS, Gala: Wed 30th Nov, 7-9pm

Looking Ahead

Small Schools Netball

Wednesday 16th November, 9.30-1pm, Queens Leisure Centre

Roxburgh Paralympics

Friday 25th November, 10-12, Jedburgh Grammar School

Girls Netball tournament

Thursday 26th January, 4-6pm Queens Leisure Centre