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## Opportunities

### After School Clubs

This has been a busy term for after school opportunities. Clubs have included: tennis, rugby, netball, basketball, 2012 activity clubs, dance and yoga. Thank you to all the PE staff, local coaches and senior pupils who have help deliver the clubs. ☺

The clubs have also been helping senior pupils with their Community Sports Leader Award. S5 pupils have been volunteering at after school clubs to gain more experience and learn from experienced coaches.



### Roxburgh Orienteering



Active Schools have been working with Roxburgh Orienteering club this term to offer taster sessions to P5-7 pupils. Pupils from Ednam and Sprouston PS worked on orienteering skills including reading orienteering maps, drawing maps and team work in the school grounds, before heading to Bowmont Forest to try a 1 mile orienteering event. The clubs often holds come and try events. For more information visit: [www.roxburghreivers.org.uk](http://www.roxburghreivers.org.uk)

### Curling



All local primary schools have had the opportunity to try curling over the past few terms. P7 pupils have been taking part in the curling's cool programme which consists of a classroom session using indoor curling stones and 3 on ice sessions learning the basics. Pupils then went on to play in the Primary Bonspiel competing against other local schools from Earlston, Kelso and Berwickshire. Well done to Morebattle PS for winning the Borders

Primary Bonspiel. ☺

### Cricket

This term we have been working with Cricket Development to give P4/5 pupils taster sessions of cricket, not only to prepare them for the cricket festival in May but also to encourage new members to the Cricket Club. Cricket Development have been in Edenside and Broomlands PS working with pupils to introduce and develop cricket skills. Junior training starts on Monday 18<sup>th</sup> April, 6-7.30pm at Shedden Park. Boys and girls welcome aged 8-14.

## Easter 2011

This years' programme provides a range of activities for youngsters. Activities include tennis, football, kids club, dance, gymnastics and athletics

All of the courses and sessions are great fun and will look to improve skills. Kelso Easter sessions are detailed on the website. Book your place now.



## Contact Us

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## News

### Netball

The annual Berwickshire area Netball tournament took place this term with 4 teams taking part from Kelso Schools. P6/7 girls from Broomlands PS and Edenside PS went along to play other Berwickshire Schools in a round robin tournament. They all showed great sportsmanship and great skills throughout, thanks to their hard work during after school training clubs ran by Miss Fairbairn at Edenside and Miss Porelli at Broomlands.



The girls were unfortunate and did not make in through to the Netball finals but all the girls played very well and had a great evening.

Well done to Edenside and Broomlands PS girls that took part.

### Successful 1<sup>st</sup> year for Boys Basketball

This year Active Schools arranged the first basketball festival for P6/7 boys from Kelso, Jedburgh and Earlston area primary schools. 14 teams of boys entered the event that was held at Jedburgh Grammar School on Tuesday 29<sup>th</sup> March.

Teams played in a round robin style tournament with the winning teams from each pool playing in the final. The group matches were all played to a very high standard and at a very fast pace. The group results were extremely close with Edenside just beating Broomlands as group winners in Pool B and Lauder outright winners of pool A with Melrose and St.Boswells joint runners up. The final match was a thrilling game with the final score ending 4-2 to Edenside. Well done boys! ☺

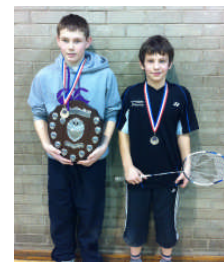


### Primary Badminton Championships

Over 85 youngsters from right across the Borders registered for the 2011 Primary School Badminton Championships and took part in a very enjoyable tournament in Gala. First class badminton was played throughout the day from children from over 17 primary schools. (10 boys and 2 girls competed from the Kelso area)

In the girls tournament, the gold medal was won by Annabelle Young (West Linton), who defeated Linsey Young (Broomlands). Bronze medals were presented to Abbie Nicol (Reston) and Lizzie Edmondson (Coldingham).

The boys tournament was an Eyemouth and Broomlands final with Robbie Paterson (Eyemouth) taking Gold and Aaron Lee (Broomlands) taking Silver. Rory Shaw (West Linton) and Calum Watson (Swinton) won bronze medals as the losing semi-finalists.



### Secondary Badminton Championships

The Borders Secondary Badminton Championships took place in late January at Gala and Earlston. Kelso High School representatives included: Ben Jacobs, Oliver Kelly, Dean Mathers, Jack Logan, Fraser Young all S2, Gordon Armstrong and Joanne Rae S3 and Fergus Myers S5 and Ben Lesley S6. All pupils worked extremely hard in the lead up to the event and some great performances on the day led to some Kelso winners:

- Ben and Fergus were R/Up in the U18 doubles final
- Joanne won the U16 singles title and was R'UP in the U18 double final
- Jack Logan and Fraser Young won the U14 Doubles final
- Fraser Young was R/Up in the U14 singles final

## Primary Dance Festival

The yearly primary dance festival took place on Friday 25<sup>th</sup> March at the Tait hall. Performances by a range of age groups from Ednam, Broomlands, Yetholm, Morebattle and Sprouston made for an exciting morning. Pupils have been working hard during PE time to come along and showcase what they have been doing. Dance styles included, martial arts, creative, and Scottish all the dances were very exciting and fun to watch. Thank you to all those involved in organising and preparing pupils for the day.



## Champions in Schools

Scottish International rugby player, Ross Ford is working with P6/7 pupils at Ednam PS this year as part of the Champions in Schools Programme. Ross came into the class in early January to talk to pupils about setting goals and gave advice on how to work towards them. He also played some games with the class in the Village Hall to get the pupils active.

Ross then took time out from his busy 6 nations schedule to visit the class again in early March. The class have been watching the games so they had lots to talk about! Ross talked to the class about healthy lifestyles and what it takes to maintain a balanced diet. The pupils also had the opportunity to try some of the protein drinks that Ross has to have straight after he has played a match!

The Champions in Schools visits have helped Ednam Primary School get onto the Get Set Network. The school is now part of a special network of schools and colleges from across the UK who can access exclusive competitions and 2012 Games related opportunities over the coming years. This recent workshop focusing on Healthy Eating coincidentally was at the time that the most recent Get Set challenge was set. The challenge asks pupils to design a healthy meal that an athlete would need before or after an event. The winning recipe will be served in the 2012 athlete's village.



## YA Updates

### Primary 2012 Clubs

The Gold Young Ambassadors, Becky Thomson and Gillian Black set up and delivered 2012 clubs in 2 local primary schools this term. The senior pupils delivered 2 5 week clubs for P5/6 pupils at Edenside PS and Broomlands PS. They offered a different Olympic sport each week including gymnastics, tennis, badminton, basketball and athletics. At the start of each session they talk about that Olympic Sport and asked pupils to find out information about the sports at 2012 including athletes, venues and interesting facts. The clubs were a huge success and we hope to continue them in other schools.



## YA's host 1<sup>st</sup> Senior Interschool Olympic Festival

Kelso's platinum ambassadors have been working hard to plan the first interschool Olympic event for senior pupils over the last few months. They have been working with the secondary schools' network of AdiStar Ambassadors to get each school to enter a mix team into the Olympic hockey event. The ambassadors had the responsibility to get a squad of players and arrange training sessions for their team.

On Thursday 17<sup>th</sup> March all the planning came together with over 100 S5/S6 pupils attending the event at Tweedbank. The 8 teams played an 8-a-side cross pitch round robin with the winning team and runner up moving on to the next round.

Earlston came out winners from Pool A winning all their games, closely followed by Kelso as runners up. Over in pool B, coming down to goals for Selkirk went through as group winners over Eyemouth.

Cross over ties were then played as full pitch 11-a-side games. Eyemouth dominated the game beating Earlston 2-0 in the 1<sup>st</sup> semi final. The 2<sup>nd</sup> semi final between Selkirk and Kelso was much closer, eventually Selkirk taking the break and winning 1-0. Resulting in the final being between Eyemouth & Selkirk.

The final was an exciting and fast paced game with Selkirk taking the 1<sup>st</sup> 2 goals. Eyemouth came hard out the blocks at half time scoring in the 1<sup>st</sup> minute of the 2<sup>nd</sup> half, but never managed to put another goal away.

The event was a huge success and a very enjoyable day for all. Kelso ambassadors did a fantastic job organising and running the event and the secondary school AdiStars did a great job getting their team ready. A huge well done to Selkirk for winning the event and Eyemouth as runners up. Next year the Ambassadors will be looking to run another Interschool Olympic event, using a different sport.



## 3<sup>rd</sup> Roxburgh Paralympics

On Tuesday 15<sup>th</sup> March, Over 40 children from five schools in the Kelso, Jedburgh and Hawick cluster attended the 3<sup>rd</sup> Roxburghshire Paralympic Games at Jedburgh Grammar School.

On arrival, the children were divided into four different Paralympic nations – USA, Great Britain, Australia, and Japan. They were then allocated one of four different activity stations from where to begin their paralympic experience: Cricket, Basketball, Dance and New Age Kurling/ Boccia. Throughout the morning the children had the chance to try each activity and the standard of play and enjoyment was outstanding! The children really showed the support staff how it was done!

A big thanks to the teachers, school staff and parents who came along to support their children and the specialist coaches and Young Ambassadors for delivering the activities.



