

Active Schools Hawick

June, 2011

Issue 4

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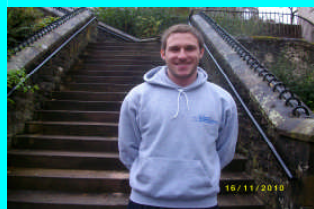
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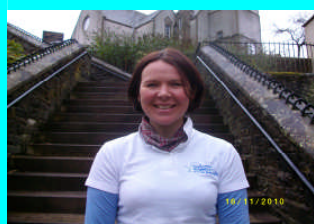
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Paul Scott

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What's on

Activity	Day	Time	Age Group	Venue	Cost
Floorball	Monday	17:30-18:30 18:30-19:30	P4-P7 S1-Adult	Old Baths Hawick	First session free. £2 per session thereafter.
Badminton	Tuesday	18:00-19:00 19:00-20:00	P5-7 S1-S6	Hawick High School- Games hall	£1 per session
Hockey	Monday	17:00-18:00	P4-7 S1+	Hawick High School: Astro and Games hall	
Rugby	Sunday	11am	Hawick Mini's Hawick Albion s1-u16	Hawick RFC	
Shields Performing Arts Academy	Various	Various	Various	Shields Dance Group Studios	£10 per Month Contact: 01450 378732
Tennis	Saturday Tuesday	9-12pm 5-6pm	Primary Secondary	HHS Games Hall	
Cricket	Wednesday	5-6pm	P6/7 to Secondary	HHS Games Hall	
Football Hawick YFC	Wednesday Friday	6-7pm 6-7pm	U8 / U9 U10/ U12	Old Baths HHS Astro	

News

Young Ambassador Interschool Hockey Tournament

On Thursday the 17th March over 80 senior pupils from high schools' throughout the borders competed for the inaugural Young Ambassador tournament trophy.

Eight secondary schools entered in total this year and the selected sport was Hockey. In addition to the Young Ambassador trophy, there was also an award for best goal celebration!



Teams were mixed boys and girls, 8 a side at the group stages and 11 aside for the play off ties and final. The Hawick HS team was organized by Kirsty Rolland after our Young Ambassadors had to pull out due to prelims. We had 9 in our squad on the day and they performed admirably in the group stages with Alex Fair catching the eye with some precise finishing! Unfortunately Hawick drew with Peebles HS and were defeated by Kelso and Earlston HS respectively and so did not progress. Well done to everyone who took part!

Netball and Basketball transition matches @HHS

Netball

On Wednesday the 30th April, Drumlanrig PS went down to HHS to take on both Under 13 high school teams in some transition netball matches. Organised by Active Schools, the matches took place during the normal training times of the high school teams and lasted for 10 minutes, 5 minutes each way. Netball posts were set at 9ft initially and then altered to 10ft for the high school teams only and a size 5 netball was used.

This gave the Drumlanrig girls a real insight into the new netball set up at the high school and some valuable experience against far experienced players. Although they eventually were defeated in both games, they acquitted themselves and were only undone by the high schools' superior height and at times speed of play. All positive though as this will come for a Drumlanrig team which boasted a few primary 6's.

A big thank you to Mrs Hopkins, Mrs Boyle, the HHS coaching team and all the mums and dads for their support as always! Well done to all the girls that took part.



Basketball

On Thursday the 31st March 2011, Wilton PS P7 boys went down to Hawick High School to take on HHS S1 boys. Organised by Ms Fairbairn and Mr Renwick the matches took place during HHS Basketball Club's usual training time 3:45 to 5pm. Matches were played cross court with 6 players in each side and operated a ladder system where every team played each other.

Wilton PS boys applied themselves fantastically and gave the S1 boys some cracking matches, scoring some brilliant baskets. It gave the Wilton boys a glimpse of the new basketball set up at HHS run by Mr Renwick and hopefully a few new members come August 2011! Well done to everyone involved!



Champions in Schools programme: Visit 3

On Monday the 18th April, Great Britain Paralympic athlete Libby Clegg made her third and final Champions in Schools visit to Newcastleton primary school.

On the day Libby discussed with the children the concept of adopting a winning attitude. A key theme to emerge was that as long as they tried their hardest in everything they did, they were a winner in Libby's eyes. After the presentation I have never seen as many questions asked! Mrs Thomson had to force the kids to go for break!



Over the course of the visits, the children have really warmed to Libby and learned a lot. Together we wish Libby well in her preparation for London 2012 and I'm sure she will be back into Newcastleton PS before then.

A special mention to the representatives from the school who attended the Champions in schools showcase on Thursday the 2nd of June in Gala.

Active Schools CPD in Hawick

Early Years 14/3/11

On Monday the 14th March 2011, 12 local Early Years practitioners took part in some Early Years training at Burnfoot Community School. The main focus of the night was to introduce the staff to the Youth Sport Trust "Start to Play" resource. This involved some audacious art attacks to begin with, followed by some tutor lead games! After a relaxing break, the 12 attendee's were split into three and allocated an activity card to deliver to the group. Well done to everyone who came along!

BHF Active Club 10/5/11

On Tuesday the 10th May 2011, 5 early year staff, teacher's and volunteers attended the British Heart Foundation Active Club training at Drumlanrig PS. The course was informal in nature and was an opportunity to introduce staff to the BHF resource. The twilight session involved some tutor led activity, feedback and discussion and delivery. The skipping games proved the trickiest to master! Well done again to everyone who attended.

Hawick Junior badminton Club

Hawick & District primary schools held their annual badminton competition at Hawick High School games hall on Sunday, 20 March, 2011.

Throughout the day, play was hotly contested in the earlier pool games and knockout stages. Just under 20 youngsters entered the tournament, with the majority coming from Drumlanrig Primary School, who play under the supervision of Colin Blaikie.

The final of the girl's competition was contested between Christy Anderson and Rachel Goldie. The first end was a close, nervous affair with Christy establishing a narrow lead from the start which she managed to maintain all the way through the game and went on to win the first end 21-19. In the second end Rachel had trouble coping with Christy's deeper high serve and Christy went on to win the second end by a larger margin of 21-5. Congratulations to Christy Anderson for winning the girls competition.

The final of the boy's competition was contested between Lewis Robertson and Ryan Johnston. In many ways the boy's final was similar to the girl's final with Lewis using his deeper high serve to his advantage. Despite Ryan's best efforts, Lewis managed to edge in front of his opponent in each end and went on to win the title with a 21-17, 21-14. Congratulations to Lewis Robertson for winning the boys competition.

Drumlanrig took the team award.

After the finals, Colin Blaikie gave the vote of thanks and Laura Turnbull presented the prizes.



Hockey leader placement

Over the past eight weeks, eight senior girls from HHS have been on a coaching placement at the Borders Fjordus Hockey participation centre every Monday from 5-6pm. Organised by Active Schools and under the watchful eye of Ruth Hounam and Nicola Chalmers the girls have gained valuable experience of coaching at both the U15 and primary hockey centre's.

At the end of their placement they will have gained enough hours to be awarded their Hockey leader certification. With the UKCC level 1 in June hopefully this will provide the girls with the first rung on the ladder. A big thank you to Ruth and Nicola for agreeing to be part of the girls coaching development and to the girls for applying themselves so well. Well done to everyone involved!

RSCDS @ Wilton ASN

Over a period of 4 weeks the children from Wilton primary school had the chance to learn some authentic Scottish Country Dancing! Under the guidance of local coaches Margaret Pritchard and Shona Morrison the kids were in very capable hands! Staff and children alike had an absolute ball and this was rounded off with a showcase to the p1-p4 classes. Thank you and well done to everyone involved!



Clubgolf After School Clubs in Hawick

During the summer term Golf really has went from strength to strength in Hawick. Firstly Hawick golf clubs' academy opened and began their coaching on a Monday night at the club. Newcastleton had their first ever Clubgolf after school club led by new volunteers George Wilson and James Turnbull from the club. More Stirches PS also received a clubgolf after school club for 5 weeks kindly delivered by HHS senior pupils – Brogan Beattie, Emily Imray and Martha Riddle!

We are making excellent progress and that wouldn't be possible without the enthusiasm and drive from everyone involved, thank you. Hopefully in the not to distant future the next Rory McIlroy will emerge from Hawick!



[Burnfoot After School Dance Club](#)

Since the beginning of the Summer term the children in the Burnfoot area have been dancing their socks off! The after school dancing club was resurrected under the expertise of Andrew Shields and Lynn Reid. The children have been learning a dance routine and are hoping to perform a showcase in the near future! Averaging at 35 children every week is a brilliant achievement! Well done to Andrew, Lynn and Paula for all the work they put in!

[Hawick and Wilton CC primary school cricket league](#)

Since Saturday the 30th of April over 70 children have been competing in the Hawick primary school cricket league every Saturday morning from 9am -11am. The league built on the foundations laid by Mr Allan Moffat who delivered a 4-6 week coaching block in each of our schools.

Over the past 8 weeks some brilliant cricket has been played and ultimately the kids have been loving it, come rain or shine! Saturday the 18th of June signaled finals day and with the league going down to the wire between Henholm Heroes and Drumlanrig Spitfires. A fantastic game ensued with Henholm, coached by Mrs Gibson emerging victorious on the day!

A fantastic morning was had by all. We stand alone in the borders and certainly most of Scotland with this set up and what an opportunity it is.

A big thank you to everyone involved! Hawick and Wilton Cricket club, all school staff, coaches, mums and dads and of course the children!



[Denholm at ASDA National primary schools cup final day](#)

Denholm PS primary 6 went forward to represent the Borders at the ASDA national finals day on Tuesday the 14th June. Denholm qualified for the finals day with Melrose as the top 2 teams from the region.

What a fantastic effort from Mrs Gibson and her team to reach the National finals. On the day they competed really well and the level of cricket was said to be incredible. At the end of play Denholm placed 7th overall out of 16.

Well done!!

Girls p5-p7 football festival – 17/6/11

On Friday the 17th June 2011, 48 girls from throughout Hawick ventured down to the HHS Astro to take part in a football festival from 4-6pm. Organised by Active Schools and 6 respective local coaches the idea was to offer the girls in the town something similar to the opportunity boys currently have with the primary school league.

On the day our coaches were: Mr Hunter, Mr Tierney, Mr Crawford, Mr McKeesick (All Drumlanrig), Mr Corbett (Wilton), Mr Clark (HHS U15 Girls coach) and Ms Halfpenny (Local SFA Coach).

On arrival the girls were split into 6 teams of 8. For the first hour the girls moved around 6 different skill practices, ranging from shooting to control to crabs! Some of the technique on show was superb and left the coaches open mouthed.

We stopped for a break and then split the girls into 6 teams once more and played some small sided matches. Each coach became manager of a team with team names such as Tierney's teamsters and Halfpenny's Hardcores! We had four of the u15 HHS girl's team who were volunteering on the day and they refereed the matches.

The girls all really enjoyed it and they all did really well. Hopefully some girls will now go and try football at HHS with Mr Clark, football on a Friday with Mr Hunter or even football within the HJFC set up. A huge thank you to everyone involved!!



HHS P7 Hawick High School netball transition night

On Wednesday the 4th June 2011, 27 girls from throughout Hawick attended a HHS Netball club transition night at the high school games hall. Organised by Active Schools the transition ran from 4-6pm and was a chance for all the P7 girls to make some new friends, check out the facilities and meet their new S1 coach Ms McArthur.

The netball session was led by Paul Scott and Ms McArthur and assisted by 5 senior girls and 5 girls from the new S2 team. The P7's got put through their paces with some skill practices, some fun 5's and finished with some 7 a side matches.

The girls were a credit to each of their primary coaches who have had them throughout the years and they will certainly be competing strongly in the U13 Border Netball League come August!!

Well done to all the girls who came along and to all the girls who helped us out!



HHS P7 Hawick High School Basketball transition night

On Thursday the 15th and 22nd of June 2011, 14 P7 boys from throughout Hawick attended a HHS Basketball club transition night. Organised by Active Schools and led by Mr Renwick of the PE department, the boys had the chance to make some new friends, check out the facilities and meet their potential new coach.

The boys were really put through their paces and Mr Renwick was very impressed with the ability on show. A couple of the boys declared that basketball was their new favorite sport!

Well done to all the boys who attended and a big thank you to Mr Renwick and his senior helpers for giving up their time to give the boys this opportunity.

Borders multi sport festival – Tweedbank 17/6/11

On Friday the 17th June over 100 children from throughout the borders, both primary and secondary attended the disability multi sport festival at Tweedbank. The layout of the day was really informal and the kids had the chance to drop in and out of as many activities that they could handle!

On the day the children had the chance to do; Rugby, football, tennis, cricket, athletics, boccia, new age kurling and carpet bowling!

Children and staff had a blast and the rain stayed away until around 12pm! Certainly from a Hawick perspective the Long jump and football went down a storm! A huge thank you everyone who came along and supported the event.



Tennis @ HHS

Great to see 7 students taking advantage of the free coaching on a Wednesday after school with Mr Allott, Ethan Wilson and Jenny Changleng. We are hoping to start a regular tennis club if this initial interest can be sustained.

Duke of Edinburgh's award scheme @ HHS

Following an assembly for the S2 there has been a fair amount of interest from students in joining this award scheme. The award is open to students aged 13.5yrs and over.

Sports leaders @ HHS

This course will run on a Thursday afternoon from August for students in S5 as part of their PE time. This nationally recognised sports award is valuable for any student considering a career in sport/Leisure or Education.

Clubs and Societies leaflet

Just in time for the new S1 to come along for the 2 day visit, student will be given a useful leaflet explaining which clubs are on at HHS and who organises them. This will be a key feature on many fridge doors in the coming months as students try and choose from a wide variety of clubs.

Volunteer Training Programme



Volunteers sit at the heart of all Active School work, without them very little would happen. These volunteers can be school staff, PE staff, parents, coaches and local clubs. We aim to try and help our volunteers in any way possible and one of those ways is by providing a comprehensive training programme.

The training programme is now available to download online through the Active School Website, SBC CPD online or from your Active Schools Coordinator.

The majority of the two hour workshops will run from 4pm-6pm. Some of the times may differ and some courses may have cost implications. A list of training dates will be published on a quarterly basis. For the most up to date listings and also to get contact details for your local Active Schools Coordinator log on to

www.sportborders.org.uk/active-schools.html

If you are interested in volunteering in the slightest, please don't hesitate to get in touch.

Up and Coming Events

* **Hawick Summer Sport and Physical Activity programme**
4/711 – 12/8/11, to book call 01896 756274

***Hawick Primary Interschool Athletics**
29th June 2011
12 – 14:30pm
Volunteer park

Finally ... A big thank you to all the PE staff, teachers and other school/community volunteers who give up their time to run various sport and activity sessions for pupils in their schools.

Have an awesome summer holiday!

