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Active Schools Hawick

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Active Schools Website

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What's on

Activity	Day	Time	Age Group	Venue	Cost
Floorball	Monday	17:30-18:30 18:30-19:30	P4-P7 S1-Adult	Old Baths Hawick	First session free. £2 per session thereafter.
Badminton	Tuesday	18:00-19:00 19:00-20:00	P5-7 S1-S6	Hawick High School-Games hall	£1 per session
Hockey	Monday	17:00-18:00	P4-7 S1+	Hawick High School: Astro and Games hall	
Rugby	Sunday	11am	Hawick Mini's Hawick Albion s1-u16	Hawick RFC	
Shields Performing Arts Academy	Various	Various	Various	Shields Dance Group Studios	£10 per Month Contact: 01450 378732
Tennis	Saturday Tuesday	9-12pm 5-6pm	Primary Secondary	HHS Games Hall	
Cricket	Wednesday	5-6pm	P6/7 to Secondary	HHS Games Hall	
Football Hawick YFC	Wednesday Friday	6-7pm 6-7pm	U8 / U9 U10/ U12	Old Baths HHS Astro	

News

Hawick Area Girls Netball Tournament

Over 60 Girls from six schools within the Hawick Cluster attended the Hawick Area Netball competition on the 26th January 2011. The tournament successfully rounded off blocks of Netball delivered during and after school by PE teachers, teachers, school staff and parents alike. Organised by Active Schools, 7 teams entered this year's tournament at Hawick High School, with the top two teams going through to the Border Netball Finals at Gala in February.

The standard of Netball throughout the afternoon was excellent, with some nail biting matches, well done to all the teams involved! Wilton PS and Denholm PS went through to represent the Hawick Cluster at the Border Finals. Lastly a big thank you to everyone involved in preparing pupils for the tournament!

Border Area Netball Finals

On Wednesday 9th February 2011, Wilton PS and Denholm PS went forward to represent Hawick at the Border Primary Netball Finals at the Queens Centre, Galashiels. Over 90 girls from 10 Primary schools throughout the region competed for the James McLean trophy. The eventual winner's were kingsland PS from Peebles. Well done to both Hawick schools!

Champions in Schools programme: Visit 1 +2

Pupils from Newcastleton PS have now been working with Paralympic star Libby Clegg over two Inspirational visits. The children from P6/7 have been learning about Goal Setting in all aspects of life and also about adopting a Healthy eating plan.

Libby stated "In my sporting and personal life, I always set goals, monitor my lifestyle and maintain a positive mentality – and it has consistently helped me to achieve my ambitions," says Clegg. "It is essential for every young person to follow their dreams, but the way to go about that is by setting small, gradual targets and ticking them off one by one."

"That's the lesson that I am passing onto the pupils – to aim big but start small – whether it's about achieving a desired grade at school, making your local sports team or just trying to eat more healthily."

First Clubgolf: Hawick Golf Club Success

In January the Clubgolf spotlight fell on Trinity Primary School. The school was part of a nationwide media article on the success of coaching offered in school by David Wilson from Hawick Golf Club. As a result of Clubgolf taster sessions in all 9 schools in the Hawick Cluster, Hawick Golf Club's junior section is going from strength to strength. Junior membership has been priced at £35 a year and currently the club are on course to hit 45 new junior members which is fantastic. Well done to everyone involved!

Wilton Kids Multi Talented!

Over a period of 6 weeks the youngsters from the Wilton ASN Centre have been demonstrating their prowess at a variety of sports! The children have enjoyed a six week block of sport, during which time they have taken part in six different activities! These included rugby, football, golf, dance, athletics and tennis.

On Tuesday the 8th March, the coaches were invited back along to join in a celebration with all the parents of what the kids had achieved. It gave the staff, coaches and mum and dad a chance to see what the children had been up to and to have a blether!

Over the six weeks all the children did fantastically well and had loads of fun. I'd like to thank all the coaches and support staff for their time, Wilton PS and Hawick Youth centre for use of their facilities and everyone who came down to support the Paralympic morning.

Roxburghshire Paralympic Games

On Tuesday the 15th March, Over 40 children from five schools in the kelso, Jedburgh and Hawick cluster's attended the quarterly Roxburghshire Paralympic Games at Jedburgh Grammar School.
On arrival, the children were divided into four different Paralympic nations – USA, Great Britain, Australia, and Japan. They were then allocated one of four different activity stations from where to begin their paralympic experience: Cricket, Basketball, Dance and New Age Kurling/ Boccia.

Throughout the morning the children had the chance to try each activity and the standard of play and enjoyment was outstanding! The children really showed the support staff how it was done!

Finally a big thank you must go to the teachers, school staff and parents who came along to support their children, the specialist coaches and Young Ambassadors for delivering the activities and Jedburgh Grammar School for the use of their facilities.

Hawick and Wilton Cricket Club: bowl schools over!

Since the February break, Hawick and Wilton Cricket Club have been giving youngsters in Hawick a taste of Cricket. Together Active Schools and the Cricket Club organised for most of the schools in the Hawick cluster to receive a four week block of coaching from UKCC coach Allan Moffat.

So far Trinity, Wilton and Burnfoot have been put through their paces with Denholm, Hobkirk and Stirches due to start this coming week!

Special note has to go to the Wilton P4 girls who have apparently defeated the boys three weeks in a row during the game to finish the session!

Hopefully we will get a team entered from each school to compete in the Primary School cricket league which starts on Saturday 30th April 2011. The league will last for 6 weeks and will be held at the cricket club from 9am to 10:30am.

Any help with organising and taking teams would be greatly appreciated. If you could contact Paul Scott on 07917013530 that would be great.

Hawick Netball Cup 2011

On Thursday the 3rd March 2011, over 50 girls from 6 primary schools throughout the Hawick cluster competed for the Hawick Primary Netball Cup. Organised by Active Schools this was the first time since 2005 that the cup had been played for.

Held at Burnfoot Community School, the six school teams were split into two pool's of three teams and therefore guaranteed at least four matches each.

Match length was set at four minutes one way and some outstanding, fast paced netball was on show. Particularly impressive was the goal shooting from all the teams.

The 2011 final was contested by Denholm PS and Trinity PS with Trinity PS looking to defend the title they won back in 2005. Both sides had looked strong all afternoon and this showed in a highly competitive match. Play went from end to end until the closing minutes when Denholm scored twice to no reply. Final score: Denholm PS 5 – 3 Trinity PS.

Well done to Denholm PS and to all the girls who took part. The fair play and etiquette shown by all was excellent. A big thank you to everyone involved in helping make the cup a success.

Shields Performing Arts Academy @ Drumlanrig!

Over the past month the primary five pupils at Drumlanrig PS have been taking part in dance sessions with Shields Performing Arts Academy. Manager Andrew Shields and Dance Assistant Paula Glass from the Academy have been putting both the children and respective teachers through their paces to learn a unique routine.

On Tuesday the 22nd of march, the primary five's put on a showcase to show what they had been up to over the past month. All the mum's and dad's were invited down and both P5 dance group's were terrific!

After the Easter holidays, Shields Performing Arts Academy will be setting up an After School Club at Drumlanrig for everyone who is interested in taking part in dance. Hopefully we will see a lot of the P5's there!

Young Ambassador's

On Monday the 31st January, Callum Simspon and Katie Waugh delivered an Olympic and Paralympic Value presentation to the pupils of Denholm primary school. The presentation successfully rounded off a block of Mini Olympics that the school had been doing and really engaged the youngster's interest! Both Katie and Callum were asked some probing questions about the Olympics yet proved their knowledge by answering all of them succinctly! Well done!

Volunteer Training Programme

Volunteers sit at the heart of all Active School work, without them very little would happen. These volunteers can be school staff, PE staff, parents, coaches and local clubs. We aim to try and help our volunteers in any way possible and one of those ways is by providing a comprehensive training programme.

The training programme is now available to download online through the Active School Website, SBC CPD online or from your Active Schools Coordinator.
The majority of the two hour workshops will run from 4pm-6pm. Some of the times may differ and some courses may have cost implications. A list of training dates will be published on a quarterly basis. For the most up to date listings and also to get contact details for your local Active Schools Coordinator log on to

www.sportborders.org.uk/ active-schools.html

If you are interested in volunteering in the slightest, please don't hesitate to get in touch.

Up and Coming Events

***Easter Holiday Sports and physical activity programme**

***Hawick Golf Club Open/ Family day: Sunday 17th April 2011**

***Hawick and Wilton CC Primary School Cricket League: Start 30th April 2011.**

*** British Heart Foundation Active Club CPD @ Drumlanrig PS. Tuesday 10th May 2011: 16:30-18:30pm:**

* **HHS After School Dance Club, every Wednesday with Lynsey McDougall.**

Finally … A big thank you to all the PE staff, teachers and other school/community volunteers who give up their time to run various sport and activity sessions for pupils in their schools.