



ASP ENTRY CRITERIA FOR TARGET SPORTS - as agreed with each sport's National Governing Body

Athletics

1. Athletes who meet either of the following criteria will be given priority and should qualify for the ASP.
 - **scottishathletics** National Countdown Squad member but not yet receiving UKA or SIS support
OR
 - **scottishathletics** Development Countdown Squad member (U17, U20 or U23 athlete).

In addition, any Borders based members of **scottishathletics** National Countdown Squad who receive support through UKA or SIS will receive a facilities access pass.

2. Applications will be considered on a non-priority basis from athletes who meet any of the following criteria:
 - Previous **scottishathletics** National Countdown Squad athletes who, on **scottishathletics** recommendation, still have the potential to return to that level.
 - U17 athletes who are in the East of Scotland Regional Countdown Squad, have achieved the UK Power of 100* ranking for their age group (allowing for transition year from U15), and are endorsed by the appropriate member of the Performance team as having strong potential for improvement and selection for the Development Countdown Squad within 2 years.
*(*Track&Field only - non Track&Field disciplines eg Road, X-C, Hill etc will depend on **scottishathletics** recommendation).*
3. Applications from other athletes will be considered in exceptional cases eg a late developing athlete who has not been part of the **scottishathletics** performance programme but who, on **scottishathletics** strong recommendation, has the potential for improvement to National Countdown Squad level within 2-3 years.

Notes: **scottishathletics** Countdown squad reviews will take place annually at the end of the summer competition season in September. ASP reviews of athletes on the programme will normally follow thereafter. However applications may be made at any time of year.

Badminton

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - **BADMINTONscotland** National Age-Grade Squad established member
 - Recommendation from **BADMINTONscotland** that the player will benefit from the one-to-one ASP support available and has been identified as having strong potential to be a future member of the High Performance Squad.

In addition, any Borders based players who are members of **BADMINTONscotland's** High Performance squad or the GB Performance squad, who receive support services through the Scottish Institute of Sport, will receive a facilities access pass.

2. Applications from other players will be considered in exceptional cases eg a player who has not been part of **BADMINTONscotland's** Performance Programme due to exceptional circumstances but who, on **BADMINTONscotland's** recommendation, has the potential for improvement to that level within a short time-frame.

Cricket

1. Players who meet all of the following criteria will be given priority and should qualify for the ASP.

- Current Scotland Lions squad
- Under 25 years of age
- Previous National Youth Squad.
- Recommendation from Cricket Scotland that the player has been identified as being very likely to progress through to senior national representative level

In addition, Borders based players who are members of the Scottish Saltires squad (who receive the equivalent support services through ESIS) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Current National Youth Squad player with a recommendation from Cricket Scotland that the player has the potential to progress to senior national representative level.
 - Current Scotland Lions squad who does not meet all of the criteria in 1. above (eg a late developer).
3. Applications from other players will be considered in exceptional cases eg
 - an exceptional young East Regional Academy player who has already been identified by Cricket Scotland for the next intake to the National Youth Squad.
 - Senior Women's squad with a strong recommendation from Cricket Scotland regarding the player's commitment, attitude and long-term future.
 - Women's U17 squad with a strong recommendation from Cricket Scotland that the player is likely to progress to senior national representative level.

Cycling - Road/Track/Mountain (Cross-Country and Downhill)/BMX

(It should be noted that these entry guidelines were compiled at a time when Scottish Cycling was reviewing its performance pathways and selection criteria for Area Institutes of Sport.)

- 1.. Riders who meet the following criteria will be given priority and should qualify for the ASP.
 - Scottish Representative team member but not receiving ESIS support
 - Scottish Cycling recommendation that the rider will benefit from the one-to-one ASP support available with definite potential to achieve Scottish Cycling programme membership within an agreed timeframe

In addition, Borders based riders who are members of Scottish Cycling's Performance Programme, who receive the equivalent support services through ESIS or SIS, will receive a facilities access pass.

- 2: Applications will also be considered on a non-priority basis from riders who meet the following criteria:

- Previous Scottish Cycling National Talent Programme who , on Scottish Cycling's recommendation, still have the potential to qualify for Scottish Cycling's Elite Athlete Programme or Commonwealth Games training groups.

3. Applications from other riders will be considered in exceptional cases eg a late developing rider who has not been part of the Scottish or GB Performance Programme but who, on Scottish Cycling's strong recommendation, has the potential for improvement to the GB Performance Programme or to Commonwealth Games representation for Scotland within an agreed timeframe.

Football

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Players (U15 to U17) from the Borders who are already on a youth contract at a senior professional club. (NB the request for ASP support must be confirmed through the club.); AND
 - Confirmation from the club that the player is a regular and consistent starter and is very likely to be kept on the following season.
 - Current U15 or U17 Girls SFA National Squad player; AND
 - Recommendation from the SFA that the player is very likely to progress to the SFA U17 or U19 Girls National Squad. (Note: Players must be able to demonstrate their full commitment to playing beyond the U15 age-group in the Borders and their plans for doing so.)

In addition, Borders based players who are members of the SFA's National Squad at senior , or U19 level (who receive the equivalent support services through the SFA) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Current U13 or U14 Boys Borders Advance Player Development Centre stand-out player; AND
 - Strong recommendation from the SFA that the player is very likely to obtain a youth contract at a senior professional club. (Note: Such recommendations will be made annually following assessment of the squad attending the Borders Sports Academy in August. Assessment will take account of not only the player's technical ability, but also their tactical awareness, team ethic, mindset, ability to learn, development potential, both technical and physical, and the overall strength of the squad.)

Football Notes re ASP Term of Support

Unless there are truly exceptional circumstances, then

1. A senior professional club player (U15 to U17) from the Borders who is already on the ASP but who is released by that club may continue to receive ASP support for an agreed term in order to try and regain a place at another senior professional club, however ASP support will not continue beyond the end of the U17 age-group.
2. ASP support will be discontinued for girls who do not play regular club football beyond the U15 age-group. Currently this would be in the U17 Central East South East League.
3. ASP support will be discontinued for ASP footballers who leave the U14 Borders Advance Player Development Centre in June without already obtaining a confirmed place with a senior professional club.
4. ASP support will be discontinued should any player be deselected from the Borders Advance Player Development Centre or his club.

Hockey

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Current U18 or U16 Scottish Hockey Internationalist.
 - Strong recommendation from Scottish Hockey that the player has been identified as being very likely to progress through to senior national representative levelIn addition, Borders based players who are members of Scottish Hockey's National Squad at senior or U21 level (who receive the equivalent support services through Scottish Hockey or ESIS) will receive a facilities access pass.
2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Current U18 or U16 Scottish Hockey Performance Programme player with a recommendation from Scottish Hockey that the player, with improvement, could potentially progress to senior national representative level.
 - Current U21 National squad player who does not receive ESIS support.
 - Recent U21 National squad player, still U23, and Scottish Hockey recommendation that the player, with improvement, could potentially progress to senior national representative level

3. Applications from other players will be considered in exceptional cases e.g. a late developing player who has not been part of the Scottish Hockey Performance Programme but who, on Scottish Hockey's strong recommendation, has the potential for improvement to senior National Squad level within 2-3 years.

Rugby

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Borders U16 or U17 squad stand-out player
 - Very close to SRU Regional Academy selection
 - Expected to be first-choice Scotland age-grade team member
 - On the SRU's recommendation, has the potential to obtain a Scottish Rugby Elite Development contract within 3 years (and potentially Scotland senior representation thereafter).

Players in this category will effectively "graduate" from the ASP once they are in the SRU Regional Academy.

- Women's capped international player; and
 - Current Scotland Women's "long" squad player; and
 - Under 27 years of age.
2. Applications will also be considered on a non-priority basis from:
 - Designated Tier 4 player* for Edinburgh or Glasgow for the forthcoming season
OR
Scotland Seven training squad member (non-pro) for the IRB Sevens World Series season 2010-11.
 - Under 23 years of age
 - On the SRU's recommendation, still have the potential for improvement in order to obtain an SRU professional contract or to represent Scotland at the Commonwealth Games.

(*Late developing Tier 4 players will be given priority over previous Academy or NAGP players.)

- Current Scotland U20 Women's long squad; and
 - Is expected to be in the starting XV; and
 - Strong prediction that the player will make the senior "long squad" within an agreed period on leaving the U20 age-group.
3. Applications from other players (e.g. Borders U15 players) will be considered but only in truly exceptional cases.

Per discussions with the SRU there will be an annual review and intake of rugby players in October of each year. This will allow assessment of progress made over the close season by players identified at the previous season end as potential ASP athletes.

Swimming

1. Swimmers who meet either of the following criteria* will be given priority and should qualify for the ASP.
 - Senior Bronze Squad (Age 17+)
 - National Youth Development Squad (Silver Youth age 13 to 16)In addition, Borders based swimmers who receive support services through the East or National Institute of Sport will receive a facilities access pass.
2. Applications will also be considered on a non-priority basis from swimmers who meet the following criteria:
 - East District Regional Programme (Bronze Youth/Age) subject to a recommendation from Scottish Swimming that the swimmer has demonstrated the required standards of commitment, attendance at training and attitude, and has the potential to progress to the next level.

*These criteria are based on Scottish Swimming's National Squad Selection Criteria which are available on the Scottish Swimming website under "Downloads" then "Swimming" or by following the link below <http://www.scottishswimming.com/assets/files/downloadfiles/Swimming/National%20Squad%20Selection%20Policy%20and%20Times%202009-10.pdf>

Tennis

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Competition age 11-16 years old with a GB ranking between 11 and 20; and
 - Recommendation from Tennis Scotland that the player is a strong candidate to progress through to Player Performance Potential (PPP) level, and thereafter to ESIS level, and will benefit from the one-to-one ASP support available.In addition, Borders based players who are members of Tennis Scotland's PPP squad who receive support services through the East or National Institute of Sport will receive a facilities access pass.
2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Competition age 11-16 years old with a GB ranking between 21 and 50; or
 - Competition age 10 and Under - Green 1; or
 - Competition age 9 and Under - Orange 1; or
 - Competition age 8 and Under – Red 1; and
 - Recommendation from Tennis Scotland that the player has the potential to progress to GB 13-16 top 10 and will benefit from the one-to-one ASP support available.
3. Applications from other players will be considered in exceptional cases eg a player who has not made the selection criteria for Tennis Scotland's Performance Programme due to exceptional circumstances but who, on Tennis Scotland's recommendation, has the potential for improvement to that level within 2 years.