ATHLETE SUPPORT PROGRAMME

ASP ENTRY CRITERIA FOR TARGET SPORTS - as agreed with each sport's National Governing Body

Athletics

1. Athletes who meet all of the following criteria will be given priority and should qualify for the ASP.
    - U17, U20 or U23 athlete.
    - SAL National Development Event Squad member. (If the new National Development Event Squad has still to be established for the athlete's event, athletes will be considered on SAL's recommendation that there is no doubting their inclusion in this squad once it is established.)
    - A rising profile against the relevant UK Power of 10 event ranking for their age group supportive of their ASP award (Track&Field only - non Track&Field disciplines eg Road, X-C, Hill etc will depend on SAL's recommendation).

In addition, Borders based athletes who are members of SAL's National Performance Squad (who receive the equivalent support services through SAL) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from athletes who meet any of the following criteria:
    - Previous National Performance Squad athletes who, on SAL's recommendation, still have the potential to return to that level.
    - U17 and U15 athletes who are in the East of Scotland Regional Squad and have a rising profile against the relevant UK Power of 10 event ranking for their age group supportive of their ASP award (Track&Field only - non Track&Field disciplines eg Road, X-C, Hill etc will depend on SAL's recommendation).

3. Applications from other athletes will be considered in exceptional cases eg a late developing athlete who has not been part of the SAL development programme but who, on SAL's strong recommendation, has the potential for improvement to National Performance Squad level within 2-3 years.

Badminton

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
    - ***BADMINTONscotland*** National Satellite Squad member
    - Recommendation from ***BADMINTONscotland*** that the player will benefit from the one-to-one ASP support available.

    In addition, any Borders based players who are members of ***BADMINTONscotland's*** High Performance squad or the GB Performance squad, who receive support services through the East or National Institute of Sport, will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
    - Member of the Borders Regional Satellite Squad (once established) between the ages of 10 and 23 with a Scottish ranking of 25 in own age group or age groups above their own.
    - Recommendation from ***BADMINTONscotland*** regarding the player's commitment, attitude, potential to progress to the National Satellite Squad and likely benefit from the one-to-one ASP support available.

3. Applications from other players will be considered in exceptional cases eg a player who has not been part of ***BADMINTONscotland's*** Performance Programme due to exceptional circumstances but whom, on ***BADMINTONscotland's*** recommendation, has the potential for improvement to that level within 2 years.

Cricket

1. Players who meet all of the following criteria will be given priority and should qualify for the ASP.
    - Current Scotland Lions squad
    - Under 25 years of age
    - Previous National Youth Squad.
    - Recommendation from Cricket Scotland that the player has been identified as being very likely to progress through to senior national representative level

    In addition, Borders based players who are members of the Scottish Saltires squad (who receive the equivalent support services through ESIS) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
    - Current National Youth Squad player with a recommendation from Cricket Scotland that the player has the potential to progress to senior national representative level.
    - Current Scotland Lions squad who does not meet all of the criteria in 1. above (eg a late developer).

3. Applications from other players will be considered in exceptional cases eg
    - an exceptional young East Regional Academy player who has already been identified by Cricket Scotland for the next intake to the National Youth Squad.
    - Senior Women's squad with a strong recommendation from Cricket Scotland regarding the player's commitment, attitude and long-term future.
    - Women's U17 squad with a strong recommendation from Cricket Scotland that the player is likely to progress to senior national representative level.

Cycling - Road/Track/Mountain (Cross-Country and Downhill)/BMX

(It should be noted that these entry guidelines have been compiled at a time when Scottish Cycling is reviewing its performance pathways and selection criteria for Area Institutes of Sport . Subject to the outcome and implementation of this review, these guidelines may themselves be subject to an early review.)

1.. Riders who meet the following criteria will be given priority and should qualify for the ASP.

- Scottish Representative team member but not receiving ESIS support
- Scottish Cycling recommendation that the rider will benefit from the one-to-one ASP support available with definite potential to achieve Scottish Cycling programme membership within an agreed timeframe

In addition, Borders based riders who are members of Scottish Cycling's Performance Programme, who receive the equivalent support services through ESIS or SIS, will receive a facilities access pass.

2: Applications will also be considered on a non-priority basis from riders who meet the following criteria:

- Previous Scottish Cycling National Talent Programme who , on Scottish Cycling's recommendation, still have the potential to qualify for Scottish Cycling's Elite Athete Programme or Commonwealth Games training groups.

3. Applications from other riders will be considered in exceptional cases eg a late developing rider who has not been part of the Scottish or GB Performance Programme but who, on Scottish Cycling's strong recommendation, has the potential for improvement to the GB Performance Programme or to Commonwealth Games representation for Scotland within an agreed timeframe.

Football

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
   - Current U13 or U14 Boys SFA South-East Regional Squad player.
   - Recommendation from the SFA that the player is very likely to obtain a youth contract at a Performance club.

   - Current U15 or U19 Girls SFA South-East Regional Squad player.
   - Recommendation from the SFA that the player is very likely to progress to the SFA U17 or U19 Girls National Squad.

   In addition, Borders based players who are members of the SFA's National Squad at senior , U19 or U17 level (who receive the equivalent support services through the SFA) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
   - U15 Boys previously in the SFA South-East Regional Squad who have not been offered a youth contract at a Performance club but come highly recommended by the SFA as having strong potential to obtain such a contract within the year.
   - Players from the Borders on a youth contract at a Performance club where the club initiates a request for ASP support or facilities access (NB entirely subject to negotiation and agreement).

Hockey

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
    - Current U18 or U16 Scottish Hockey Internationalist.
    - Strong recommendation from Scottish Hockey that the player has been identified as being very likely to progress through to senior national representative level

    In addition, Borders based players who are members of Scottish Hockey's National Squad at senior or U21 level (who receive the equivalent support services through Scottish Hockey or ESIS) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
    - Current U18 or U16 Scottish Hockey Performance Programme player with a recommendation from Scottish Hockey that the player, with improvement, could potentially progress to senior national representative level.
    - Current U21 National squad player who does not receive ESIS support.
    - Recent U21 National squad player, still U23, and Scottish Hockey recommendation that the player, with improvement, could potentially progress to senior national representative level

3. Applications from other players will be considered in exceptional cases eg a late developing player who has not been part of the Scottish Hockey Performance Programme but who, on Scottish Hockey's strong recommendation, has the potential for improvement to senior National Squad level within 2-3 years.

Rugby

1. Players who meet all of the following criteria will be given priority and should qualify for the ASP.
    - Previous IPD players (Individual Player Development)
    - Not SRU Academy or contracted players
    - Expected to be first-choice Scotland U20 team members for the 6 Nations and IRB Junior World Championship
    - On the SRU's recommendation, have the potential to obtain an SRU professional contract within 3 years (and potentially Scotland senior representation thereafter).

2. Applications will also be considered on a non-priority basis from players who meet all of the following criteria:
    - Previous IPD and Scotland U20 players
    - Under 23 years of age
    - Not SRU Academy or contracted players
    - On the SRU's recommendation, still have the potential for improvement in order to obtain an SRU professional contract within 2 years (and potentially Scotland senior representation thereafter).

3. Applications from other players will be considered in exceptional cases eg a late developing player who was not part of the SRU age-grade programme but who, on the SRU's strong recommendation, still has the potential for improvement in order to obtain an SRU professional contract within 2 years (and potentially Scotland senior representation thereafter).

Swimming

1. Swimmers who meet either of the following criteria* will be given priority and should qualify for the ASP.
    - Senior Bronze Squad (Age 17+)
    - National Youth Development Squad (Silver Youth age 13 to 16)

    In addition, Borders based swimmers who receive support services through the East or National Institute of Sport will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from swimmers who meet the following criteria:

    - East District Regional Programme (Bronze Youth/Age) subject to a recommendation from Scottish Swimming that the swimmer has demonstrated the required standards of commitment, attendance at training and attitude, and has the potential to progress to the next level.

*These criteria are based on Scottish Swimming's National Squad Selection Criteria which are available on the Scottish Swimming website under "Downloads" then "Swimming" or by following the link below http://www.scottishswimming.com/assets/files/downloadfiles/Swimming/National%20Squad%20Selection%20Policy%20and%20Times%202009-10.pdf

Tennis

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
    - Competition age 11-16 years old with a GB ranking between 11 and 20; and
    - Recommendation from Tennis Scotland that the player is a strong candidate to progress through to Player Performance Potential (PPP) level, and thereafter to ESIS level, and will benefit from the one-to-one ASP support available.

    In addition, Borders based players who are members of Tennis Scotland's PPP squad who receive support services through the East or National Institute of Sport will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
    - Competition age 11-16 years old with a GB ranking between 21 and 50; or
    - Competition age 10 and Under - Green 1; or
    - Competition age 9 and Under - Orange 1; or
    - Competition age 8 and Under – Red 1; and
    - Recommendation from Tennis Scotland that the player has the potential to progress to GB 13-16 top 10 and will benefit from the one-to-one ASP support available.

3. Applications from other players will be considered in exceptional cases eg a player who has not made the selection criteria for Tennis Scotland's Performance Programme due to exceptional circumstances but who, on Tennis Scotland's recommendation, has the potential for improvement to that level within 2 years.