Gold Scholarship

High Performance

What is a coach Scholarship?

The Coach Scholarship Scheme replaces the financial support that was available to coaches/umpires from Local Sports Councils within the Scottish Borders. It has been introduced to encourage new people to get involved in coaching as well as motivating existing coaches to progress their careers by awarding them financial support.

Who is the Scholarship Scheme for?

The Scholarship scheme is for those who:

- Want to participate in sports coaching within the Scottish Borders.
- Are keen to further qualify and develop their coaching skills.
- Are currently coaching/or looking to coach people throughout the Scottish Borders.
- Are affiliated to a Local Sports Council.
- Live in the Scottish Borders Area.

How can coaches become involved?

Coaches may be directly targeted or can apply to be considered for Scholarship support by completing an application form along with a supporting nominated reference available at www.sportborders.org.uk or from the Sports Development Unit (3 St John Street, Galashiels, TD1 3JX). The application form and reference provided will be the basis of determining whether the candidate is eligible for the Scholarship scheme.

What is involved?

Once the candidate has been selected they will be expected to contact the Coaching Network Development Officer to discuss the Scholarship

SportBorders will determine the timescale for completion once the Scholarship has been accepted.

Successful candidates will be expected to continue coaching in the Scottish Borders for the foreseeable future and be committed to helping other coaches through the Scholarship programme by becoming a mentor.

How does the Scottish Borders Scholarship programme work?

Once SportBorders receives the completed application and supporting reference we will review the application against the set criteria and decide if we are able to offer you the Scholarship level you have applied for. If you are successful we will send an offer letter determining the percentage of funding, along with a coach agreement and claim form. You will then be asked to meet the Coaching Network Development Officer to discuss a future development plan.

Coaching Commitment

Coaches will be expected to report their progress to the Coaching Network Development Officer and update their coaching details, when necessary, so that SportBorders can track your coach development.

All coaches working with athletes under 18 year olds **must** complete a Disclosure Scotland check prior to any funds being released.

For the **GOLD** award coaches are expected to;

- Be committed to coaching within the Borders for a minimum of 1 year which will include 50 hours of coaching/mentoring recorded in a log book.
- Attend a coach mentoring training course which will enable you to support less experienced coaches on the Scholarship scheme and at your club.
- Support and contribute to local events such as Scottish Borders Coaching Conference, Holiday Programme, Borders Sports Academy and help other clubs with less experienced coaches.
- Attend two Coach Development Workshops which will be funded through your Scholarship i.e. First Aid, Safeguarding and Protecting Children workshops etc.

Mentoring

You will be expected to support other coaches at a lower level of the Scholarship scheme and at your club e.g. supporting coaches through their UKCC Level 2 in your chosen sport by making a phone call or meeting up to see how they are progressing on their course and see if they need any advice.

Payment Process

The payment for the Scholarship will be split into two payments. The initial 50% of the award granted will be received once you have agreed to the Scholarship offer and have completed your development plan. The second payment will be issued once you have completed the course and fulfilled your coaching commitment. All paperwork must be returned and verified before payment will be received.

Gold Application Forms

How to apply for the Gold level Scholarship
High Performance

1. Make sure you meet the criteria.

2. Complete the application form which is available from the Sports Development Unit or at www.sportborders.org.uk,

3. Have your request nominated by an appropriate referee e.g. Sports Development Officer, an employee of the Sports Development Unit or a National Governing Body Representative.

4. Return the application form and nomination form to the Coaching Network Development Officer.

5. A decision will be given in writing/email

6. You will be notified of an award offer before the course starts, and will receive 50% of payment once agreeing to the award offer and making contact with the Coaching Network Development Officer.

7. The remaining 50% of payment will be provided once proof of completion has been received and your coaching commitment has been fulfilled. (return of claims form, copies of relevant evidence, coaching certificates and attendance at two Coach Development Workshops)

8. You will be required to complete a simple evaluation form and update your details on the SportBorders website so that SportBorders can advise you of the relevant training courses and help provide accurate coaching statistics.

SportBorders reserve the right to reject an application and may ask for an informal interview.

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Criteria for Successful Applicant

Essential Criteria	**Desirable Criteria**
Currently coaching athletes who perform at regional level	Coaching a minimum of 5 hours a week in Scottish Borders
Excellent communication Skills	A Flexible approach to numerous coaching duties
Commitment to coaching and developing sport in the Scottish Borders	Ability to meet targets and deadlines
A National Governing Body Level 2 award (or equivalent)	
Minimum 2 years experience coaching at the Governing Body Level 2	
Committed to mentoring others in the Scottish Borders	
Ability to plan sessions according to the Governing Body pathways	
Understand Child Protection regulations	
Work to recommended coaching ethos of your National Governing Body	
Promote fair play	

Work in line with the Long Term Athlete Development structure	
Have satisfactory insurance. (This may be covered by your club or through your NGB when you gain a Level 1 qualification. Applicants should check this before applying)	

The maximum Scholarship amount awarded to any individual for a Gold application is **£500.**

All Gold applications **must** be supported by a Sports Development Officer, Employee of the Sports Development Unit or a representative of the National Governing Body.

Funding will come in the form of a two stage payment, and will be allocated as a suitable percentage of the total cost (0%-100% max).

In exceptional circumstances, greater rewards may be considered for any of the levels of Scholarship. Any decision will be at the discretion of SportBorders.

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High Performance

Gold Scholarship Application Form

Coach's Personal Details			
Name:			
Address:		Postcode:	
Tel No. Home:		Mobile:	
Email Address:			
Sport(s):			
Club(s):			
Coaching Venues			
Disclosure check	Yes/No		
Current Coaching Qualifications & experience:			

Details of nominating person	
Person supporting your application:	Name:
	Position:
	Contact Number:
	Email Address:

Other Relevant qualifications		
Qualification (s)	Awarding Body	Date Obtained

Sports Council Affiliation	
Sports Council Affiliation(delete appropriate):	**Tweeddale/Berwickshire/Roxburgh/Ettrick & Lauderdale**
Are you or your club a member of the sports council?	**Club/Individual**
Contact name & Club you are a member of? Contact name of person at Club you are a member of to verify Membership/Disclosure?	
Membership application in process:	**Yes/No**

Coaching Delivery Please state the required information regarding the all coaching sessions you will be delivering			
Location/venues:			
Club/School/programme			
No. of sessions per week		Times:	
Participant age			
Ability of performers			

Coaching Status			
Section	Please tick one in each section	√	Further information
Current coaching Commitment	1-5 hours per week		
	5-10 hours per week		
	10-19 hours per week		
	19+ hours per week		
Experience	Less than 2 years		
	2-3 years		
	3-4 years		
	4+ years		
Professional Status (Tick all applicable)	Paid Coach		
	Expenses only		
	Volunteer		
How many hours are paid?		Voluntary?	
Any other relevant info:			

Your Athletes

Which level of performers are you currently coaching/going to be coaching:

Age	☐ 0-12	☐ 12-18	☐ Seniors	☐ Masters	
Competition level	☐ School	☐ Local/club	☐ Development squad	☐ Regional	☐ National

Which stage of the long term athlete development (LTAD) model best describes your participants (tick box)

Pre School	Introduce all fundamental skills	
FUNdamentals	Develop all fundamental movement skills	
Training to learn	Build a fundamental battery of sport skills	
Training to Train	Endurance & Strength development, consolidate sport specific skills	
Training to Compete	Optimise fitness preparation, Skills & performance	
Training to Win	Maximise all performance factors to maximise results	

Personal Development Plan

Please provide a summary of your education priorities that you wish to achieve in the next 12-24 months

Education Priority title of course	**Course details**			**How will this benefit your athletes**	**Approximate Cost**	
	Date	Venue & Location	Pre-requisites		Course	Travel/ resources

Course Details

Courses you require funding for.

Title	Course Organiser	Venue	Date(s)	Cost (£)

Additional Costs: Please identify any other expense that will accrue as a result of this courses: (i.e. travel 20p per mile, accommodation)	

Supporting Statement

Please state why you think you should be awarded a Scholarship.

Coach Signature:…… Date:……

Nominating person Signature:…….. Date:……

Return Completed forms to:

Coaching Network Development Officer, Education & Lifelong Learning, Scottish Borders Council, Council HQ, Newtown St Boswells, Melrose, Scottish Borders, TD6 0SA

Sports Borders
Coaching Scholarship
Gold Nomination/Referee Form

If you would like more information on the Scholarship programme please Contact Andy Lawrie at **07899726967** or email: andy.lawrie@scotborders.gov.uk

This form **must** be completed by the relevant nomination referee and returned with your individual/group application form.

Nominating Person Details				
Name:				
Position:				
Address:			Postcode:	
Tel No.		Mobile No:		
Email				

Course Details				
Title	Course Organiser	Venue	Date(s)	Cost (£)

Name of Nominated Coach

Coaching Experience	
Please detail the coaching experience of the nominated coach(es)	
Existing qualification:	Previous Coaching Experience
Will the coach receive Payment or expense for their coaching time? Yes/No/Partly	

Coaching Delivery Please state the required information regarding the coaching sessions that coach(es) will be delivering			
Location/venues:			
Club/School/programme			
No. of sessions per week		Times:	
Participant age			
Ability of performers			

Supporting Statement Please state why you think the coach(es) should be awarded a Scholarship.

Signed_____**Date:**_____

Return Completed forms to:

Coaching Network Development Officer, Education & Lifelong Learning, Scottish Borders Council, Council HQ, Newtown St Boswells, Melrose, Scottish Borders, TD6 0SA

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